

2009 Holiday Service of Remembrance Registration Form

To have a child's name listed in the program, please have this information to the IRIS office by November 20, 2009.

After November 20th, names received will be read during the Holiday Service but not printed in the program. Names will be accepted through the start of the Service.

Parents Name: _____

Your Address: _____

City/State/Zip: _____

Phone: _____ Cell: _____

Your E-mail Address: _____

I / We will be attending this year's service. Family & friends are welcome.

I / We would like to take part in the Holiday Service of Remembrance by:

Bringing my pictures, keepsakes and/or holiday items to decorate the chapel windows (This is highly encouraged, please read description for more info. No flames or water please)

Reading a poem – please send in a copy of the poem with this form.

Reading a Scripture – Scripture number and verse: _____

Singing – Title and Author: _____

Playing an instrument – Instrument and song: _____

Bringing cookies/bars for the reception following the service

Set up on Saturday afternoon

Clean up on Sunday afternoon

Other: _____

I / We would like to have the following child / children remembered during the service.

Child's full name

Phonetic pronunciation

Child's full name

Phonetic pronunciation

Child's full name

Phonetic pronunciation

Child's full name

Phonetic pronunciation

Child's full name

Phonetic pronunciation



2009 Memorial Sun Catcher Heart

The 2009 Memorial Stained Glass Sun Catcher is available in pastel marbled pink, blue, or white (similar to last year's angels). These strikingly beautiful large hearts are 5" X 5 1/4" in size. Hearts are laser etched with your choice of up to 4 lines of information including name, dates, heart, etc. They make excellent gifts and can be personalized in memory of your precious child or for any occasions. (\$14.95 + tax = \$15.20 each)

If you would like to have your Sun Cather available for pick up at the IRIS Holiday Service please have your paid order to the IRIS office by November 20, 2009.

Online orders accepted at: www.irisRemembers.com

1st Sun Catcher Text:

Blue Pink White

I/we would like the etched Heart in place of line 1.

Line 1. _____
10 letters/spaces – No lettering if you have etched heart

Line 2. _____
20 letters/spaces

Line 3. _____
20 letters/spaces

Line 4. _____
10 letters/spaces

3rd Sun Catcher Text:

Blue Pink White

I/we would like the etched Heart in place of line 1.

Line 1. _____
10 letters/spaces – No lettering if you have etched heart

Line 2. _____
20 letters/spaces

Line 3. _____
20 letters/spaces

Line 4. _____
10 letters/spaces

2nd Sun Catcher Text:

Blue Pink White

I/we would like the etched Heart in place of line 1.

Line 1. _____
10 letters/spaces – No lettering if you have etched heart

Line 2. _____
20 letters/spaces

Line 3. _____
20 letters/spaces

Line 4. _____
10 letters/spaces

4th Sun Catcher Text:

Blue Pink White

I/we would like the etched Heart in place of line 1.

Line 1. _____
10 letters/spaces – No lettering if you have etched heart

Line 2. _____
20 letters/spaces

Line 3. _____
20 letters/spaces

Line 4. _____
10 letters/spaces



Holiday Service Poinsettia Order Form

You are welcome to order Poinsettias for the Holiday Service and gifts. Poinsettias are white or red, 4 -7 blooms, and grown by Donahue's Greenhouse in Faribault. Poinsettia's will be tagged and delivered to the Chapel. You are welcome to order as many as you would like for gifts. (\$12.75 + tax = \$12.97)

Poinsettia 1. Red White _____
In memory of / in honor of

Poinsettia 2. Red White _____
In memory of / in honor of

Poinsettia 3. Red White _____
In memory of / in honor of

Poinsettia 4. Red White _____
In memory of / in honor of



Donation

Make a memorial donation to IRIS in the amount of \$25 or more and you will receive this lovely 15" Memorial Lantern. Lanterns have a handle for hanging, are made of sturdy metal with four glass sides, perfect for a candle, or hanging your heart sun catcher. Indoor or outdoor use!

I / We would like to make a tax-deductible donation in Memory of:

I will be unable to attend the Holiday Service and would like the items mailed to:

Name: _____
 Address: _____ City: _____
 State: _____ Zip: _____ Phone: _____ E-Mail: _____

	Item	#	Sales Tax included in Price	Total
1	Pink Stained Glass Heart		\$15.20	
2	Blue Stained Glass Heart		\$15.20	
3	White Stained Glass Heart		\$15.20	
4	Red Poinsettia		\$12.97	
5	White Poinsettia		\$12.97	
			Subtotal	
			Donation	
			Shipping of heart \$8.00	
			Shipping of Lantern \$12.00	
			Total Due	

IRIS

Holiday Service of Remembrance

“Remembering With Love”

The Infants Remembered In Silence, Inc. (IRIS) Holiday Service of Remembrance “Remembering With Love” has been held annually since 1994. We all know that the holidays are a very special time for children, and seem to be geared for them, but as a parent whose child has died, how do we navigate the holidays?

The IRIS Holiday Service of Remembrance is a very unique service that can help with the emotions, fears, frustrations, and anxiety of the season. Many parents who attend have stated “I need to remember and honor my child first, so that I can survive the holidays.” You are encouraged to attend the service and are welcome to invite your family and friends to attend with you. This

Sunday December 6th, 2009

2 pm

Chapel of the Good Shepherd

On Shattuck Campus

1000 Shumway Ave. in NE Faribault, MN

special service will be held on:

The IRIS Holiday Service of Remembrance is designed by and for parents, family, and friends who have experienced or been touched by the death of a child in early pregnancy (miscarriage, ectopic pregnancy, etc.) or from stillbirth, premature birth, neo-natal death, birth defects, sudden infant death syndrome (SIDS), sudden unexplained death of a child (SUDC), illness, accidents and all other types of infant or early childhood death. Everyone is welcome regardless of how long ago the child died or the cause of death. Those attending are encouraged to participate by decorating the chapel windows, reading poems, providing music, and/or bringing treats for the reception that follows the service.

Having Your Child Remembered

If you would like to have a child/children remembered during the candle lighting part of the service, please

complete the enclosed form and return to the IRIS office by November 20th. Names that are received after the 20th will be listed on an insert to the program.

Decorating Chapel Windows



Decorating the Chapel Windows has become a very special tradition of the IRIS Holiday Service. You are encouraged to bring any keepsake items that you would like to display in the windows. Keep in mind that you will be sharing the window area and working with other parents to create a loving display. You will be in charge of placing your child's/children's keepsakes in a window and clearing the area when the reception is over. Suggested items for window displays include: scrapbooks, blankets, pictures, poems, holiday items, etc. There will be volunteers on hand to answer questions and help you however they can. No flames or water allowed in the displays. Due to the magnitude of this project, IRIS will not be able to return items sent to us. Everyone is welcome to visit the displays during the reception that follows the service.



Participation Is Needed

One of the things that make the Holiday Service so very special is the participation of parents, family and friends. We would love to have your help with the reading of poems, singing, playing an instrument, reading a scripture, decorating the chapel windows, and/or providing treats for the reception that follows the service. You will find signup information on the registration form. Please help make this a very special service by sharing your time and talents.

Memorial Poinsettias



IRIS will again be selling poinsettias from Donahue's Green House. Poinsettias will be labeled and delivered to the Chapel of the Good Shepherd. You will be able to take them home following the reception. If you would like to order a poinsettia for yourself or as a gift for family and friends please fill out the Holiday

Service Registration Form and return it to the IRIS office by November 20th.



Sharing Information on the Holiday Service

Please feel free to share the information on the Holiday Service Remembrance with other bereaved parents. You are welcome to invite your family and friends to the service, and are encouraged to ask your local churches, newspapers, TV and radio stations to run information about the service. If you would like to hang posters for the Holiday Service please visit the IRIS website www.irisRemembers.com for printable poster or contact the IRIS office.



Siblings and Children at Memorial Service

This is a difficult topic to approach, and it brings up many emotions for everyone involved. Because of concerns voiced in previous years, parents with children under the age of 6 years of age are lovingly requested to sit in the back of the chapel close to the restroom and exit. Children who can sit quietly for two (2) hours are welcome to attend the service. Out of consideration and compassion for other grieving parents, you are asked to take children out of the Chapel if they are crying, talking, making noise of any kind, or disrupting others in any manner. If you have questions, concerns or would like to discuss the issue please call Diana at the IRIS office 507.334.4748.



Friend

Author Unknown

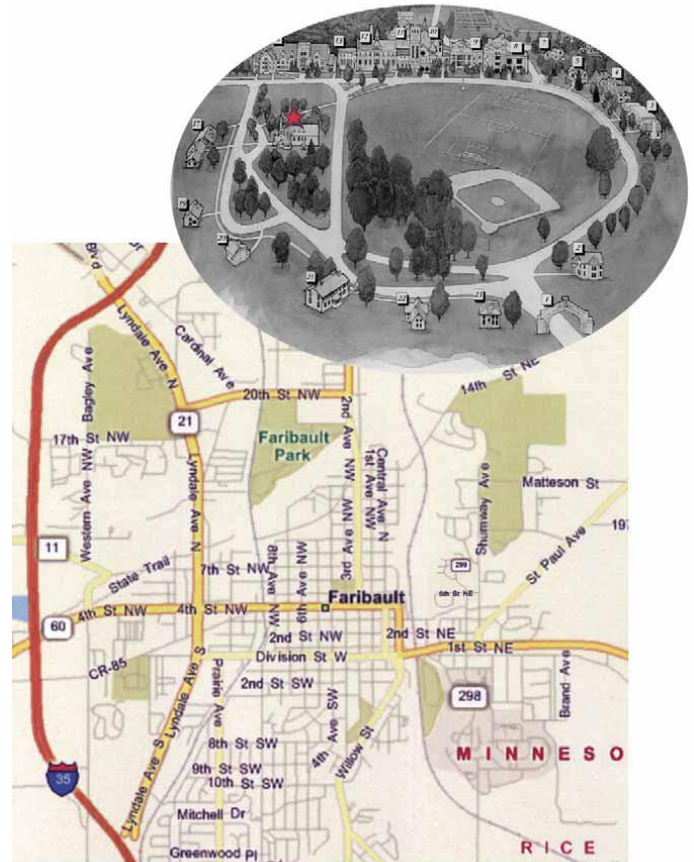
I cannot ease your aching heart,
Nor take your pain away,
But let me stay and take your hand
And walk with you today.

I'll listen when you need to talk;
I'll wipe away your tears.
I'll share your worries when they come:
I'll help you face your fears.

I'm here and I will stand by you,
Each hill you have to climb,
So take my hand, let's face the world;
Live One Day at a time!

You're not alone, for I'm still here.
I'll go the extra mile,
And when your grief is easier,
I'll help you learn to smile!

Directions and Map To the Holiday Service



From the North: I-35 South to the second Faribault Exit (Exit 56) Hwy 60

From the South: I-35 North to the second Faribault Exit (Exit 56) Hwy 60

Take Hwy 60 East through Faribault, across the viaduct and over the river to Faribault's east side. Be careful to follow the signs as Hwy 60 takes a few turns.

Turn Left (North) onto Shumway Ave., when on Shumway Ave. continue 4 blocks. The entrance sign is on the left at the top of a small rise in the road.

Turn Left and onto campus, go through the Arch, follow the circle to the RIGHT taking the second left onto the road in front of the Chapel. Parking is available on both sides of the road.

NOTE: Construction on Hwy 60 and the viaduct is complete !

You will be able to follow the lavender IRIS signs through Faribault to the Chapel of the Good Shepherd.

1st ANNUAL IRIS TURKEY TROT

benefitting *Infants Remembered In Silence*, a 501(c) 3 non-profit organization



DATE: Thanksgiving Morning!
Thursday, November 26, 2009

TIME: Registration and Check-in opens at 7:30
Kids Fun Run in the Dome at 8 am
5K Run (outside) at 8:30 am
5K Walk (outside) at 8:40 am

LOCATION:
Shattuck-St. Mary's Sports Complex
1000 Shumway Ave. in NE Faribault, MN

COST: \$20 in advance / \$25 day-of
\$12 for Kids Fun Run (ages 1 -12 years)

ONLINE REGISTRATION AVAILABLE AT:

www.irisRemembers.com

- ♥ Join us Thanksgiving morning, regardless of the weather, for a wonderful event!
- ♥ Invite your family & friends to come with you! Anyone who loves to participate for a good cause!
- ♥ Bring your own t-shirt, signs, etc in memory of your precious child!
- ♥ Help make this event "YOUR Turkey Trot"
- ♥ Volunteers Needed!

For more information call 507.334.4748 and ask for Deanna or visit the website above.



Grief is Overwhelming

A Letter To Family and Friends

Someone I love has died. I not only mourn their death, but mourn who I was with them and all that would have been. Through their death, part of me and the world I knew also died. Please be patient with me as I work through all my losses:

Love of my love one
Loss of my ability to touch, to hear, to see, to smell them (sensory loss)
Loss of friends and family because they're afraid of my pain
Loss of my connections with life (other people's lives go on, mine has stopped)
Loss of family structure as I have known it
Loss of my loved one's presence on holiday and special occasions
Loss in terms of who does what tasks – reorganization
Loss of financial stability
Loss of meaning in my life
Loss of motivation
Loss of caring – about anything
Loss of control and the illusion of having control
Loss of concentration
Loss of ability to cope
Loss of ability to make decisions – even minor ones
Loss of energy – grief is exhausting
Loss of health – including reduced resistance to infections – grief is stressful
Loss of sleep and/or loss of normal sleep patterns
Loss of normal eating patterns (eating too much or too little)
Loss of ability to function as I used to
Loss of emotional stability
Loss of being dependent on someone
Loss of old values – no new values to replace them yet
Loss due to change in priorities
Loss of feelings of safety for myself and my family
Loss of dreams of the future
Loss of feeling dependable
Loss of ability to give
Loss of feeling able to participate in life
Loss of feeling alive
Loss of feelings of pleasure or enjoyment of anything
Loss of ability to laugh
Loss of self-esteem
Loss of trust in self and others
Loss of self identity – who I am now?
Loss of feeling of fairness and justice in my world (why me?)
Loss of faith in God

Grief is work.

Please help me to be patient and gentle with myself as I begin my healing process.
I need you to be part of my healing.



Thank You For Your Donation

- ♥ Paper, Labels, baby bath, baby lotion given in memory of Julian Marcos Mendoza by Erica Cruz
- ♥ Prayer Shawls - Nancy Green, Wendy Sandahl, Faribault Divine Mercy Catholic Church & Congressional Church Prayer Shawl groups.
- ♥ Baby Blankets, Hats Catholic Daughters of Court Madonna #839, Wilmont MN., Judy Conroy, Anna Kincade, Faribault Rivers Church – Women's Group.
- ♥ One case of copy paper a month - Cedar Chiropractic – Dr. Brian Gfrerer
- ♥ 30 Homemade Sympathy Cards – Faribault Rivers Church Women's Group
- ♥ In Memory of Katerina Rose ~ Blankets and Infant and Child Prayer Shawls
- ♥ Students of ArTech, Lisa Malecha, Amy Wold, Penny Roy from PJ's Fabric & Crafts, Laurie from My Eyes, My Heart, and Healthy Community Initiative - for 22 blankets, 6 sets of booties, and clothing.
- ♥ Labels and yarn in honor of the Pientka children ~ Anne & Joe



For Your Cash Donation

- ♥ LaCannes Marine Golf Tournament- Faribault - \$7,000
- ♥ Joshua Neubauer Memorial Softball Tournament – LeCenter - \$715
- ♥ American Center for Philanthropy- Northfield - \$250
- ♥ Blue Cross Blue Shield of MN (matching gift) - \$50
- ♥ Parker-Kohl Funeral Home - \$100
- ♥ Grandstay Hotel – Faribault - \$1,000
- ♥ Faribault Knights of Columbus Ladies Auxiliary - \$50
- ♥ McGregor Chiropractic – Owatonna - \$25
- ♥ Wells Fargo Community Support Campaign - Faribault - \$102 and \$87.67
- ♥ Gemini Incorporated – Cannon Falls - \$250
- ♥ Kettering Properties – Faribault - \$800
- ♥ Church of ST. Michael CCW – Kenyon - \$50
- ♥ Iolta Trust - \$500
- ♥ MN Valley Electric Trust (MVEC) – Jordan - \$1,000



United Way Contributions

- ♥ United Way of Faribault (1st Quarter Allocation 2009) - \$500
- ♥ United Way of Faribault (4th Quarter Allocation 2008) - \$1,000
- ♥ Waseca Area United Way - \$2,500
- ♥ Northfield Area United Way (4th Quarter) - \$1,000
- ♥ Northfield Area United Way – Allocations in full from 2008)
- ♥ Dodge County United Way (1st half allocation) - \$3,000
- ♥ United Way - Special Distribution Account – UPS Donor Designation - \$35, \$35, and \$35



How to Stop Baby Mail and Junk Mail

Having your name removed from general mailing lists can take time and will require you to contact more than one agency/company. Below you will find a list of the locations that you need to contact, remember you must contact all of them for effective results and that this could take months to stop.

If you receive product samples such as formula, diapers, etc. send a letter or e-mail to the company requesting to be removed from their mailings. If you need assistance with these companies please contact the IRIS office and we will be happy to contact the formula and diaper companies for you.

✘ **Direct Marketing Association (DMA)**
(Catalogs, magazine offers, and circulars)
Phone: 212-768-7277
Website: www.dmchoice.org

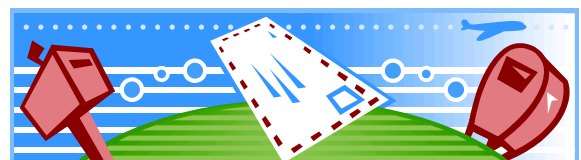
✘ **National Do Not Call Registry**
(Telemarketers)
Website: www.donotcall.gov

✘ **Acxiom U.S.**
(Phone, mail, and e-mail)
www.acxiom.com/opt-out-request-form

✘ **Catalog Choice**
(Catalogs)
Website: www.catalogchoice.org

✘ **Opt-Out Services**
(Credit cards and insurance offers)
Website: www.OptOutPreScreen.com
Phone: 888.567.8688

✘ **Valassis**
(Coupons and inserts)
Website: www.valassis.com (Contact us)
Phone: 888.241.6760



Thank You For Your Donation in Honor of

- ♥ Margaret Walker and all of her work for IRIS
Frances Raidt

Thank You For Your Personal Donation

- ♥ Julie Lewis
- ♥ Dr. Ben & Pat Tuma
- ♥ Vance & Barb Vinar
- ♥ JD & Margaret Walker
- ♥ Emily & Jerry Velishek

Tears

Author Unknown

There is of sacredness in tears,
They are not a mark of weakness,
But of power.

They speak more eloquently,
Than ten thousand tongues.

They are messengers of
Overwhelming grief,
Of deep contrition and
Of unspeakable love.

Memories are...

Memories are the windows that hold the past in view.
Through them we can see again each joy we ever knew.

Author unknown

Adult Memorials

- ♥ In memory of Betty Daniels
Julie & Larry Kriesel
- ♥ In loving memory of Mark F. Kelley
(Diana Sundwall's father)
Kelley Family
Diana Sundwall & Family
Gary Kelley & Family
Mary and Scott Parker
Dorothy and Robert Thorson



Remembering Heath

© by Aunt Kay

You were born that cold, blizzarding night in March, 1989. All the expectations, hopes, and joys were all too soon gone. A rare chromosome birth defect, one that I can't even pronounce. For two months you held on, never seeing or hearing the

world around you. But I believe you felt the love of your mother as she did her best. I only held you once, barely a teenager and yet your aunt. The early spring sun shone through the window and you turned your head, your little red head, towards the light as if to signal your soon departure. It was so sad to see you go, though we knew it was the best for you. Your mother is with you now, and as heart wrenching as it was to see her suffer and die, I am now comforted and happy for you and your mother that you are now together. Now you can see her. Now you can hear her. Now you can love and be loved.

With never forgotten love
Your Aunt Kay

*"Death is the end of a life,
not the relationship."*

Unknown



Infant Memorials

- ♥ In loving memory of Steven Joseph Reynolds
Grandma Denise Reynolds Lyons
- ♥ In loving memory of Aaron Anderson (6/1//09)
Mommy & Daddy (Kimberly & Jeremey)
- ♥ Joseph Thomas Markman (10/12/96)
Tonita and Harold Amundson
- ♥ Sara Jane Murray (12/22/00)
Tonita and Harold Amundson
- ♥ In loving memory of Garrett Robert Sterling
(October 22 – November 5, 2002)
Mommy & Daddy (Amy & Brad)
- ♥ In loving memory of our precious little
Jake Michael Schaffran (7/16/09)
Mommy and Daddy (Cheryl & Jamie)
Big Brother Tony and Kyle Schaffran
Greg Niblett
Kristine Karich
- ♥ In loving memory of Lucas James (7/1/08)
Andrea & Mark Loomis
- ♥ In loving memory of Sara Page (10/27/04)
Karen Ohmann
- ♥ In honor of our precious Lily's 2nd Heavenly
Birthday (7/15/07)
Mommy & Daddy (Cara & Jim Dietz)
- ♥ In loving memory of William Thomas Wagner
Mom & Dad (Sheri & Tim)
- ♥ In loving memory of precious little Arianna Luella
Trotman (5/29/08)
Karen & Barry Tienter
Diane Wollenburg
- ♥ In loving memory of Derek Joseph Sundwall
Happy Birthday !
Mom (Diana Sundwall)



DEAR LITTLE ONES

© by Lani Embury

Frozen in time
 You waited patiently
 For your turn to bloom.
 The days - no years - of anticipation
 The planning and preparation
 Every detail attended to.
 Your time had come
 You were brought to us
 "Two Excellent looking embryos", it was said
 All went well – now the wait!
 The excitement – reserved
 14 days to test - feels like 1400.
 Early testing faint but there
 Then darker and then darker still.
 Official Beta 216.9 – joy – but ...
 Then the blood, the cramps
 Fear, uncertainty - mixed with hope
 2nd Beta 3337 – renewed hope, maybe twins.
 More trouble, distress
 Questions with no answers.
 "Hold on Little Ones", I pray.
 More blood and pain then panic.
 I reach out for help – I feel exposed
 3rd Beta 15,533 - that's great – maybe.
 But then - excruciating pain
 Drenched and overcome with fear
 You are leaving us – why?
 "Please stay", I pray – I beg
 We love you and want you to live
 This is your time to shine.
 You grew so well
 I saw you strong and healthy.
 I knew you
 Your hearts beating with mine.
 Wrong place – but why?
 You had the perfect womb
 Then you moved – not one but both of you!
 You could not live there any longer
 Your departure was traumatic
 I almost went with you.
 You didn't let me go
 You knew - Your sister and father "still need me",
 So together you left – you're not alone.
 Grief consumes – the loss so deep
 You touched life so briefly
 And now, Little Ones, you are no more.
 Lay you to rest – we must
 You will be missed – your memory cherished
 For you are our "Angel - Little Ones" now – forever.
 Good bye our beloved – we love you!

Mommy and Daddy

Calendar of Events



- 20 Closing date for IRIS Holiday Service Program, Poinsettia, Heart sun catcher orders and mail in Heaven Notes
- 24 Evening Support Group Meeting 7 – 8:30 pm
- 26 1st Annual Turkey Trot - Thanksgiving Morning



- 6 IRIS Holiday Service of Remembrance, Chapel of the Good Shepherd 1000 Shumway Ave. NE Faribault MN. Keepsake window display set up – noon 2 pm Service Begins
- 9 Midday Support Group Meeting 11 am – 1 pm
- 13 Worldwide Candle Light - Children's Memorial Day – 7 pm in your time zone
- 22 No Evening Support Group Meeting



- 13 Midday Support Group Meeting 11 am - 1 pm
- 26 Evening Support Group Meeting 7 – 8:30 pm



- TBA IRIS Advocate Training
- 10 Midday Support Group Meeting 11 am - 1 pm
- 13 Family Fun Night – more info to follow
- 14 IRIS Pancake Breakfast, Bingo, Bake Sale & Silent Auction
- 23 Evening Support Group Meeting 7 – 8:30 pm



- 10 Midday Support Group Meeting 11 am - 1 pm
- 23 Evening Support Group Meeting 7 – 8:30 pm

"Sometimes,

A scream is better than a thesis."

Ralph Waldo Emerson



From Diana Desk

Your parents kept things to remember special events or milestones in your life, maybe your first tooth, a report card, a diploma, a certificate or ribbons. You as a bereaved parent have the opportunity to do the same thing... to remember the milestones of your precious child. It will be done differently, but you still have memories and some precious keepsakes. Items such as the pregnancy test, ultrasound pictures, other pictures of your child or items that remind you of your child are often kept. We do it to remember and to show that this child lived.

A Birth Certificate shows that we were born,
A Death Certificate shows that we died,
Pictures show that we lived!

Sadly when your child has died parents often think that there will be no more memories for this special child. I feel that the opposite is true. You have the opportunity to create more memories of your child, not the way that you had dreamed of, but precious memories none the less. The opportunity is yours to do with as you wish. You can take flowers to the grave or place them by an urn; you can educate others by simply talking about your child. By doing so, you let them know how unique this special person is, how much you love them, and in a sense give them the opportunity to get to know your child.

The approaching holidays give you the opportunity to remember your child in many ways. I encourage you to take those opportunities and create as many memories as you can. There are ways during this season that you can create memories whether others know you're doing it or not, consider the following this holiday season.

- ♥ Attend the IRIS 5K Turkey Trot as a participant or volunteer
- ♥ Attend the 16th annual IRIS Holiday Service of Remembrance on December 6 at 2 pm.
- ♥ Take part in the "Heavenly Notes" © program, anyone in the world can take part.
- ♥ Light a candle on the holiday meal table
- ♥ Talk about your child
- ♥ Purchase a memorial item for your child
- ♥ Purchase memorial flower for your church, a hospital chapel, a memorial service or helpful organization
- ♥ Make a special donation to an organization that helped you or is meaningful to you
- ♥ Do something nice for others, visit the IRIS website www.irisRemembers.com and click on creating memories, then Acts of Kindness and see a list of some of things that others have done to remember a child. If you would like, we would be happy to add your kind acts to the list.

The opportunities to remember and honor your child are countless at this time of year, carefully consider your options.

IRIS Wish List



- ♥ Labes (Avery 8160)
- ♥ Baby lotions (sample size)
- ♥ Stamps
- ♥ Postal scale
- ♥ Bottled Water
- ♥ Baby yarn or sport weight yarn in pastel colors. We are very low on blue yarn.
- ♥ Printer ink (HP 56 black HP 57 color)
- ♥ Kleenex/Puffs (non-lotion)
- ♥ Hoover vacuum bags (Type A)
- ♥ Scrapbooking supplies including scrapbooks, scrapbooking papers, embellishments
- ♥ Cash donations and memorials
- ♥ Books for the lending library (we accept books that you have read and would like to share with other bereaved parents, grandparents, and friends)



"Heavenly Notes" ©

What are "Heavenly Notes"?

"Heavenly Notes" © are letters or ..."notes" written to your precious child and placed in the sleigh basket, located by the alter, at the IRIS Holiday Service of Remembrance which is held annually on the 1st Sunday in December, this year that will be December 6, 2009.

"Heavenly Notes" © are never read by anyone, you are free to say or express whatever you like. Following the service, notes are burned and some of the ashes scattered by the marker in Kinder Park (the IRIS Park) in NW Faribault during the October IRIS Balloon Release. Remaining ashes will be placed inside of balloons and released during this year's Holiday Service of Remembrance.

Because "Heavenly Notes" © was so well received last year we are opening it up to everyone around the world. If you are unable to attend the IRIS Holiday Service of Remembrance you, your family, and friends are invited to write a Heavenly Note and mail it to:

"Heavenly Notes"
Infants Remembered In Silence
101 NW Third Street
Faribault, MN 55021

Your notes will be lovingly placed in the sleigh basket along with those collected during the service. Please feel free to contact the IRIS office if you have questions.

Phone: (507) 334-4748
e-mail: iris@qwestoffice.net
Website: www.irisRemembers.com



Infants Remembered In Silence, Inc.

101 NW Third Street
Faribault, MN 55021
www.irisRemembers.com

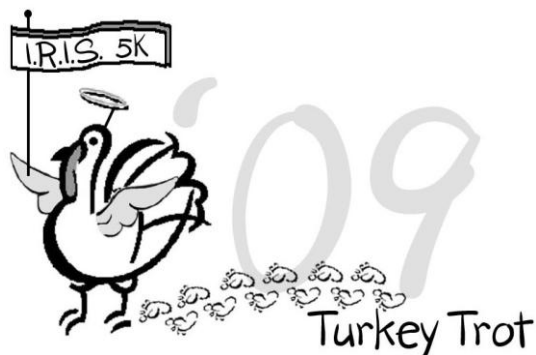
Non-profit
Org.
U.S. Postage
PAID
Faribault, MN
Permit # 5

Inside this Newsletter:

2009 Holiday Service



Join us for the 1st Annual

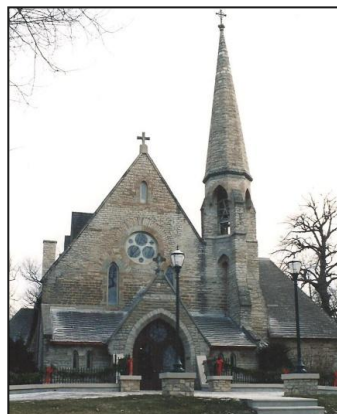


Thanksgiving Morning

November 26, 2009

Register online or
Print forms and mail to IRIS office

You, your family and friends are invited to:



**IRIS
Holiday Service of Remembrance**

Sunday December 6, 2009

2 PM

Chapel of the Good Shepherd
Shattuck – St. Mary's Campus
1000 Shumway Ave. in NE Faribault, MN

Please complete the enclosed paperwork