

Infants Remembered In Silence, Inc.

Whispers of the Heart Newsletter

January 2011

101 Third Street NW, Faribault MN 55021

Phone: (507) 334-4748

Website: www.irisRemembers.com

E-mail Address: iris@qwestoffice.net



The Mourner's Prayer (Excerpt From The Kaddish – The Jewish Tradition)

At the rising of the sun & at its going down; We remember them.

At the blowing of the wind & in the chill of winter; We remember them.

At the opening of the buds & in the rebirth of spring; We remember them.

At the blueness of the skies & in the warmth of summer; We remember them.

At the rustling of the leaves & in the beauty of autumn; We remember them.

At the beginning of the year & when it ends; We remember them.

When we are weary & in need of strength; We remember them.

> When we are lost & sick at heart; We remember them.

When we have joy we crave to share; We remember them.

When we have decisions that are difficult to make; We remember them.

When we have achievements that are based on theirs; We remember them.

As long as we live, they too will live; for you are a part us.....





New Year's Wishes for Bereaved Parents, Family and Friends

To the newly bereaved; We at IRIS wish you patience – patience with yourselves in the painful weeks, months, even years ahead.

To the bereaved siblings; We wish you and your parents a new understanding of each other's needs and the beginnings of good communication.

To those who are single parents; We wish you the inner resources that we know you will need to cope, often alone, with your loss.

To those experiencing marital difficulties after the death of your child; We wish you a special willingness and ability to communicate with each other.

To those who have suffered the death of more than one child; We wish you the endurance you will need to fight your way back to a meaningful life once again.

To those of you who have experienced the death of an only child or of all your children;

We offer you our eternal gratitude for serving as such an inspiration to the rest of us.

To those of you who are plagued with guilt; We wish you the reassurance that you did the very best you could under the circumstances, And that your child knew that.

To those of you who are deeply depressed; We wish you the first steps out of the "Valley of the Shadow".

To all mothers, fathers, and those of you unable to cry; We wish you healing tears and the ability to express your grief.

To those of you who are exhausted from grieving; We wish you the strength to face just one more hour, just one more day.

To all others with special needs that we have not mentioned; We wish you the understanding you need And the assurance that you are not alone; and that you are loved.

From the IRIS Volunteers, Staff, and Board



- Eunice K. Shumway This Chapel is dedicated in her memory
- Kaden Robert Ackman
- Baby Anderson
- Brice Alec Anderson
- Crace Elizabeth Anderson
- Taylor Jean Bauer
- 🛯 Baby Bauer
- Cashe Lonnie Berge
- Cole Brent Krenzke
- Mariah Grace Boerner
- Betty Lynn Boerner
- Wyatt Joseph Borden
- Baby
- Hope Brandt
- Faith Brandt
- Grace Brandt
- Noah Roland Emil Brandt
- Abigail Elizabeth Brandt
- Baby Brandt
- Our Precious Angels
- Scott Arthur Carver
- Keryn Lee Caywood
- Nathan Earl Cory
- Our Babies
- Corey Lyn Creger
- Preston Hugh Crooks
- Baby Crooks
- William Robert and
- Bethany Agnes DeGrood
- Lizzy Sammon Dienst
- Lily Marcella Dietz
- My Beautiful Darling Daughter
- My Precious Beloved Son
- Tàhirih Dimayuga

- This very special Holiday Service of Remembrance has been held annually for 17 years. It is always held on the 1st Sunday in December, at 2 PM, in the Chapel of the Good Shepherd on Shattuck Campus.
- Kilian Richard Donahue
- Declan Arthur Donahue
- Malachi Donahue
- Baby Donahue
- Jerry Dougherty
- Aubrey Corionna Dozark
- Carolyn Ann Dozark
- Kayla Jamie Dusek
- Our Four Babies
- Marcia Flim
- Weston Bradley Germundson
- Victoria Ann Graves
- Lindsay Rose Hermsen
- Baby Hjelmen
- Baby Hjelmen
- 🗑 Baby
- Derek Joel Holicky
- Grace Johnson
- McKenzie Grace Johnson
- Baby
- Trevor Clarence Kaplan
- Molly Blue
- Baby Girl Keith
- Baby Kelley
- Baby Kelley
- Baby Boy Kelley
- Logan Leonard Kempenich
- 🛯 John Knudson
- Jayden Anne Krohn
- Precious Baby K
- ♥ Hope Kuennen
- Augustus Michael Kuennen
- Alexus Brooke Kuglin
- Chase Douglas LaCanne
- Finley Rae LaCanne
- Jacqueline Margaret Mae LaCanne
- Baby L

- Joseph Robert Lake
- Christopher Larson
- Baby Maas
- Jacob Conner Mack
- Baby

Children We Lovingly Remembered

During the

IRIS Holiday Service of Remembrance

December 5, 2010

- Joseph Thomas Markma
- Chester Mayo
- Aiden Patrick McGuire
- Julian Marcos Mendoza
- Nicholas Joseph Moravec
- 🛯 Baby M.
- 🛯 Sara Jane Murray
- Gracie Ann Narveson
- Jonathan Norbert Narveson
- Peter Vincent Narveson
- 🗑 Baby
- Joshuah Daniel Neubauer
- Daniel Robert Novak
- Owen Jake Ostlund
- Ariel Payne
- Gabriel Payne
- Xavier James Payne
- Baby

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Lillian Grace Petricka

Daniel James Piepho

Samuel Ethan Priebe

Rassmussen-Terry

Angel Alison Reuvers

My First Grandson

Samantha Opal Rolstad

Hannah Rose Rysavy

Amanda Jo Saylor

Makayla Lynn Pike

Noah Ethan Priebe

Bennett Lou-Jean

Jodi Lynn Rickaby

Grandson

Baby R

- 🛯 Baby S
- 👻 Jake Michael Schaffran
- Zachary Andrew Schmit
- Baby Bailey Schmit
- Paige Emily Schoenbauer
- Baby S.
- Blake Robert Stadler
- Baby Abby Stangler
- My Precious Baby
- Tristian Gene Steffen
- Andrew James Stephens
- Garrett Robert Sterling
- Michael Glenn Strampe
- 🛯 Baby S.
- Baby S.
- Derek Joseph Sundwall
- Precious Twins
- 🛯 Baby Boy
- Dawn Thorson
- 🛯 Baby T.
- Varianna Luella Trotman
- Baby
- Erica Kay Vandereide
- Griffin Jon Velishek
- Villiam Thomas Wagner
- 👻 Jay Wang
- Emma Kaye Ward
- 🛯 Baby
- Baby Girl
- Anthony Michael Zimprich
- Our Twelve Children

And all the children Remembered in their parent's and loved one's hearts.





Little Toes

By: Cheryl Mills

Little toes, You have walked Across our souls. For many long months You secured your imprint Inside of us, Where no one else could see. Now you've walked outside our world And still no one can see What we've seen From the start Your tiny wrinkled footprints Forever upon our heart.



Holiday Service Thank You!

- Father Henry Doyle
- Shattuck St. Mary's School
- Teresa Moen program cover
- Caitlin Sundwall & Maja Kirby - Angels for your Garland
- Jessie and Jim Donahue ~ Donahue's Greenhouse
- Connie DeGrood
- Everyone who participated in the program
- Leif and Natalie Crooks
- Everyone who provided treats
- ♥ Boy Scout Troop 306



Tiny hands and feet, Perfect face soft and sweet. Cradles of clouds rocking gently, Angels keeping silent sentry. Watching over with a loving sense, Babes of beauty and innocence. What a wonderful place heaven must be, So many babies to love and see. Those special moments we shared on earth, Memories forever alive from your birth. No child who lived until old age, Could be more loved or precious at any stage. Poppa, cuddle our babies and hold them tight, We love them and cherish them with all our might. Help them feel this love we send Til we join you in heaven and all sorrows will mend.



The IRIS Holiday Service of Remembrance We hope you will be able to join us Sunday December 4, 2011



2010 Memorial Wrought Iron Stained Glass Garden Stake

IRIS is currently taking orders for our 2010 Holiday Memorial. This year's memorial is a beautiful wrought iron and engraved stained glass garden stake. The Garden Stakes stands 22" height (Plus 3" below ground). The center bevel is laser etched with your choice of up to 5 lines of text, symbol, etc. These customs made Garden Steaks make breathtaking memorials, excellent gifts, and are available in wispy pink, blue, or white stained glass. Cost is \$30.00 each (plus \$15 shipping for each stake, if you are not picking up at IRIS Holiday Service of Remembrance or the IRIS office.)

Please order early due to limited availability and custom work required.

Order Online at: <u>www.irisRemembers.com</u> or mail form & fee to IRIS, 101 NW 3rd St., Faribault MN 55021

Less than 15 remain... We are now on a first come basis!

1 st Stained Glass Garden Stake:	D Blue	🗖 Pink	White
You may choose your own symbol at the can be anything you like. Please provide 2			0 ,
Symbol: Option #1	Option #2		

Line 1:		
	10 letters/spaces – No lettering if you have etched symbol listed above	
Line 2:		
	10 letters/spaces – No lettering if you have etched symbol listed above	
Line 3:		
	20 letters/spaces	
Line 4:		
	10 letters/spaces	
Line 5:		
	10 letters/spaces	



Candle and Snowflake Candle Snuffer Donation

Make a memorial donation to IRIS in the amount of \$12 or More and you will receive this lovely 4 $\frac{1}{2}$ " candle snuffer and $\frac{1}{2}$ pint jarred, soy candle, that is vanilla scented. (If you would like this item mailed to you please include \$10 for shipping.)

Soy candles emit little or no soot, they produce no carcinogens, they do not contain lead, they burn cleaner and longer. This ½ pint size candle has a burn time of 33 hours. In addition, Soy candles are made from soybeans and the wax is biodegradable.

I/We would like to make a tax-deductible donation in Memory of:

This name will appear on the jar

Name:			
Address:			
City:	State:	Zip:	
Phone:	Cell:		
E-mail Address:			

Order online at irisRemembers.com or Make Checks payable to IRIS & mail to: 101 NW 3rd St., Faribault MN 55021

	Item	#	Sales Tax included in Price	Total
1	Pink Stained Glass Stake		\$30.00	
2	Blue Stained Glass Stake		\$30.00	
3	White Stained Glass Stake		\$30.00	
4	Candle & Snuffer Donation		\$12.00 or more	
			Subtotal	
			Shipping Per stake \$17	
			Shipping of Per Candle \$10	
			Total Due	

Each beautiful Memorial Garden Stake is HANDMADE in Jim's Stained Glass Studio. Memorial Garden Stake make a perfect gift for any occasion; supplies limited and are on a first come basis!



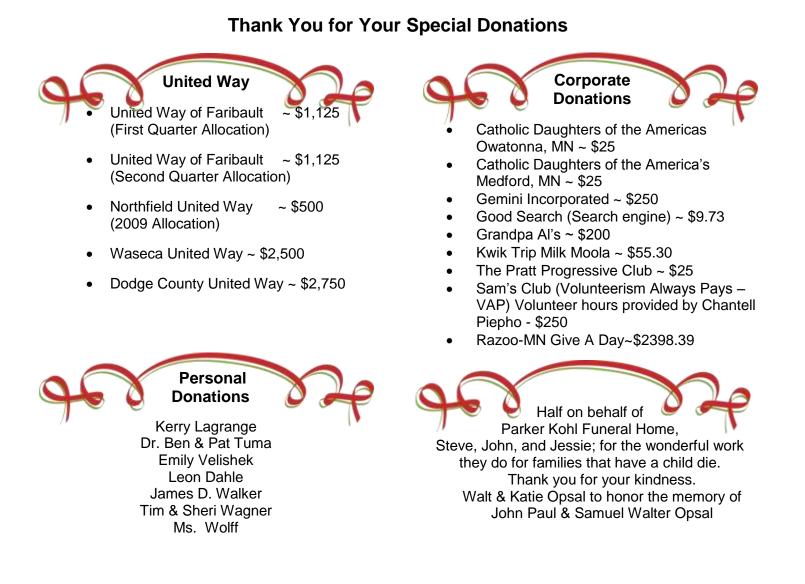
How to Care for ALL Stained Glass

Including IRIS Garden Stakes, Hearts, and Angels

Jim from Jims Stain Glass Studio, located in the same building as IRIS, has done a wonderful job with this year's memorial keepsake.

Jim has offered some suggestion that will help make your Garden Stake and all other Stained Glass items last longer and bring you years of loving memories.

- 1. Bring your Memorial Garden Stake and other small stained glass items in doors during winter months. Sleet and other winter conditions may damage them.
- 2. **DO NOT** use Windex or other such cleaners on stain glass. The Ammonia in these types of cleaners will damage the lead in the piece.
- 3. Clean your Stain Glass Pieces with warm soapy water or with a foam glass cleaner (that contains no ammonia). This product is found in many auto part stores and will make your Garden Stake, Memorial Heart from 2009, and all other stained glass pieces glisten.
- 4. If your stained glass items become damaged, do not use glue to repair it! Bring it to Jim who will lovingly repair the piece, whether he or not.





Dear IRIS,

Enclosed please find a donation of \$300. Part of the donation came from anonymous donor at church (Cambria Crossroads Project). This anonymous donor challenged us by giving each member of our youth group a gift of money. We could choose the charity we felt could best use it to promote an outreach program. The \$157.00 was a one week paycheck from my part time job I personally donated to help your program. I hope IRIS will use this gift of money to help those in need of your services. May God Bless you and the IRIS program.

Anna Lewis

Ethan's Plant



In June 1995 the Army transferred my husband to Fort Leavenworth Kansas. Soon after we arrived, we found out that we were expecting, and the Army sent John on temporary duty for four months. The pregnancy was troubled for the first

couple of months – spotting, cramping, but the Dr's told me that if we made it through the 1st trimester, everything would be fine. At 14 ½ weeks, when I thought we were home free, I suddenly suffered a miscarriage. I hadn't been in Kansas long enough to even know anyone to call, so I went to the hospital by myself. Losing a baby was traumatic and unexpected. One of the wives from John's new unit brought me this tiny plant in a basket, suddenly, I wasn't alone. The tiny little plant started to grow and happily traveled with us to all of my husband's assignments.

The Ethan Plant Today:

On Christmas Eve 1998 Melissa & John were transferred, from Minnesota to Alaska. Melissa knew her lovely Ethan Plant would never survive the move in such cold weather, so she left it at the IRIS office for safe keeping, promising to someday return for it. Since that time the little plant has grown uncontrollably. Today the Ethan Plant got a much needed haircut. Many of you knowing the story of this special plant have stated that you would love a slip of it. If you would still like a slip of it, please stop into the office and pick it up, I am sure Melissa would be thrilled to share!

"Carry out a random act of kindness, with no expectation of reward, safe in the knowledge that one day someone might do the same for you."

~Princess of Wales Diana



Thank You

- Thank you to Kris Schutz for the blankets and hats in memory of Joey Rank.
- Thank you to Joe, Connie, & Sarah DeGrood for the donation of the postal scale.
- Thank you to Jim Pichner from Jim's Stained Glass Studio for custom making each Memorial Garden Stake a thing of great beauty.
- Thank you to Heather from Star Trophy, for custom engraving each memorial Garden Stake with such personal and loving messages.
- Thank you to Anna Kincade, Gayle Reineke, Lucy Fechtman, and all of the others who have lovingly crafted blankets, caps and bonnets in sizes to fit the precious children who have died.
- Thank you to Ztech's web design (Jon and Vanessa Zimprich) for all of their time and talent dedicated to the IRIS website.
- Thank you to the Trotman Family for the wonderful hand crafted wooden shaker boxes made in memory of Arianna Luella Trotman and given to newly bereaved IRIS parents.
- Thank you to all of the wonderful volunteers across the USA who have been sending us prayer shawls and prayer blankets.
- To the Owatonna Home Economics group for their Toll Painted Shaker Boxes given to Families in their area.

She Was Only Mine A While

By Kymberli Brady © 1999

Lord, today I sent my baby to You Please give her wings and let her fly

She's new at this, so take it slow Teach her how they flutter by I'll miss her so

Though we'd never met and I'll never know her smile but You need her and now she's Yours She was only mine a while She'll never know pain And she'll never know fear For I know that You will keep her near And now... I close my eyes to say good-bye And watch her fly

away to You, Please keep her, Lord, and love her 'till I get my wings and join You, too.





Infant Memorials

- In memory of William Thomas Wagner Tim & Sheri Wagner
- In loving memory of Lucas James Mark & Andrea Loomis
- In memory of Josephine Klapperich Linda Beth Jewison Trust Dale & Shirley Taggart
- In loving memory of Amara Anne Susan & J. Glen Hudson
- In memory of Alexus Brooke Kuglin Mommy & Daddy (Kristine & James)
- In memory of Merisa Mueller 11/19/1998 Gladys Barsness
- In memory of Lily Marcella Dietz 3rd Birthday Mommy & Daddy (Cara & Jim)
- In memory of Chase & Finley LaCanne Grandma & Grandpa LaCanne (Janelle & Raymond Jr.)
- In loving memory of Preston Crooks Mom and Dad (Natalie & Leif)
- In loving memory of Daniel James Piepho Mom & Dad (Chantell & Charlie) Ken & Kathy Ryks
- In memory of Samuel Walter Opsal (1/7/10)
- In memory of John Paul Opsal 9/20/10) Mommy & Daddy (Katie & Walt) Co-workers at Tru-Vue: Melissa, Rob, Maureen, Cheryl, & Jen
- In memory of Garrett Robert Sterling Mom & Dad (Amy & Brad)
- In loving memory of Sara Jean Murray Grandma Tonita & Harold Amundson
- In memory of Joseph Thomas Markman Grandma Tonita & Harold Amundson
- In memory of Samantha, infant daughter of Sheila Borwege's From Doc's Dock & Lori Schultz



Infant Memorials

- In memory of our precious little Aubrey Corionna Dozark Grandma and Grandpa (Lori & Peter)
- In loving memory of Jayden Anne Krohn Mommy & Daddy (Jessica & Jason) Sharon Krohn
- In memory of William & Bethany DeGrood Mom & Dad (Connie & Joe)
- In loving memory of Hannah Rose Rysavy Mommy & Daddy (Wendy and Ben)
- In loving memory of Griffin Jon Velishek Mommy & Daddy (Sheri & Jon)
- In loving memory of Wyatt Joseph Borden Mom (Laura Jones)
- In memory of Nicholas Joseph Moravec Mom (Denise Moravec)
- In loving memory of Mariah Grace Boerner Mom & Dad (Lisa & Joel)
- In loving memory of all our children Hope, Faith, Grace, Noah, Abigail, and Baby Brandt Mommy & Daddy (Beth & Eric)
- In loving memory of Scott Arthur Carver Mom & Dad (Judy and Gary)
- In memory of Blake Robert Stadler Grandma Cheryl Armagost-Fleck
- In memory of precious Baby Lemke Tami Lemke
- In loving memory of Tahirih Dimayuga Mom & Dad (Michelle & Guadalupe)
- In memory of Lucas James Loomis Andrea & Mark Loomis
- In memory of Cashe Lonnie Berge Great Grandma (Ruth Krull)
- In memory of Cole Brent Krenzke Great Grandma (Ruth Krull)



Infant Memorials

- In loving memory of Baby Maas Mom & Dad (Jeanne & Marvin)
- In loving memory of Jacob E. Hiller Mommy & Daddy (Deanna & Scott)
- In loving memory of Christian Kriesel Julie & Larry Krisel
- In loving memory of Joshuah Daniel Neubauer Mom & Dad (Angie & Dan)
- In loving memory of Angel Alison Reuvers Mommy & Daddy (Sue & Tony)
- In loving memory of Michael Glenn Strampe Mommy & Daddy (Susan & Matthew)
- In loving memory of Emma Kaye Ward Mommy & Daddy (Lisa & Nathan)
- In loving memory of Mariah Grace Boerner Mom & Dad (Lisa & Joel)
- In loving memory of Scott Arthur Carver Mom & Dad (Judy and Gary)
- In loving memory of Hope Kuennen
- In loving memory of Augustus Kuennen Mommy & Daddy (Deanna & Allyn)
- In loving memory of Tristian Gene Steffen Cera Steffen
- In loving memory of Anthony Michael Zimprich Mommy & Daddy (Vanessa & Jon)
- In loving memory of Noah Ethan Priebe and Samuel Ethan Priebe Mom & Dad (Michele & John)
- In memory of Makayla Lynn Pike Michele & John Priebe
- In loving memory of Derek Joseph Sundwall Mom (Diana)
- In memory of all IRIS Children Anonymous



A Lullaby for Megan By Juanita Montefiori

Whatever will we do without you, Megan Noelle? Words can never express how we feel; No words can tell.
You came into our lives for such a little while.
You've warmed our hearts; you've changed our lives with just a smile.
And though it hurts so bad to say, The angels came to take you away;
And as your mother held you in her arms, You looked so sweet with all your charm.
Remember this as we let go, somehow, Jesus holds you now, hmmmm.
You're in our hearts, but He holds you now.

Juanita Montefiori, a special friend of Megan's family, wrote this lullaby and sang it at Megan's funeral.



Adult Memorials

- In loving memory of Marilynn Lindell Julie & Larry Kriesel
- In loving memory of Connie Burnell Diana Sundwall
- In loving memory of Barb Molby ~ IRIS Blanket Brigade Volunteer Diana Sundwall
- In loving memory of Dr. Gerald Heideman Mary Heideman
- In loving memory of Ferne Thursdale Wayne & Barbara Thursdale Larry & Pamela Schleusner Martha Waddell And other family members & friends
- In loving memory of Lucy Pamsier and her infant children lost during her life time Sunshine Fund of Laura Baker Services



IRIS Balloon Release

The Annual IRIS Balloon Release was on October 3, 2010 in Kinder Park (the IRIS Park). Hundreds of balloons gently drifted off to the NW, phone calls started coming in

within hours reporting found balloons in southern Minnesota, central and south western Iowa. We currently have several balloons returned that we have been unable to find the person who released it. If you recognize any of the names below please contact the IRIS office.

- Eden Sky Sauerbreg
- Max Jordan (unknown last name)



For the Love of Joshuah Softball Tournament

The annual "For the Love of Joshuah Softball Tournament" was held August 14, with over \$800 being donated to IRIS! Thanks to Angie and Dan Neubauer for organizing this fun filled co-ed softball tournament that is held annually in memory of their son Joshuah. They are planning the 3rd Annual Tournament for August 2011!



IRIS Wish List

- Labels (Avery 8160)
- Baby lotions (sample size)
- Stamps
- Bottled Water

Baby yarn or sport weight

yarn in pastel colors. We are very low on blue yarn.

- Printer ink (HP 56 black HP 57 color HP 61 both black & color)
- Kleenex/Puffs (non-lotion please)
- Cash donations and memorials
- Books for the lending library (we accept books that you have read and would like to share with other bereaved parents, grandparents, and friends)



LaCanne's Marine 3rd Annual Charity Golf Tournament

The LaCanne's Marine Golf Tournament that benefitted IRIS was held on August 21, 2010. There were over 45, four person teams golfing. The evening dance, held in the parking lot, featured the band "Mr. Peabody" was attended by hundreds more. IRIS received a wonderful donation of \$9,275 from the event.

The 2011 Golf Tournament is scheduled for Saturday August 20th. Make plans to attend... mark your calendars now!



IRIS Calendar of Events



- 12 Midday Support Group 11 1 pm
- 25 Evening Support Group 7 8:30pm



- 9 Midday Support Group 11 1 pm
- 13 IRIS Pancake Breakfast, Bingo, Bake Sale & Silent Auction
- 22 Evening Support Group 7 8:30pm
- 19 Scrapbooking 9 am 9 pm Our Saviors -1207 Prairie Ave. SW



- 9 Midday Support Group 11 1 pm
- 22 Evening Support Group 7 –8:30pm

Please visit the <u>www.irisRemembers.com</u> for a current listing of upcoming events that may not be listed as of press time.



IRIS Turkey Trot

We are extremely happy to report that the 2nd Annual IRIS Turkey Trot was a huge success! A dedicated crew of volunteers worked many hours to ensure that every detail was covered so that we would be ready for the crowds. Their hard work paid off as well over 800 people came out on Thanksgiving morning to support IRIS. The frigid cold weather and fresh snow/ice didn't keep people away. Instead runners, walkers, and people just wanting to cheer others on - came out from all over to show their support. The event included a kid's fun run, a 5k run and walk, the Minnesota Vikings cheerleaders, food and beverages, door prizes, music, a memorial area, "Trot" the turkey mascot, and lots of laughter and tears. Thank you to everyone who volunteered, all of the "teams" that did individual fundraising, our sponsors and donors, all participants, and of course all of the angel babies that watched over us. After all expensive where paid, the event raised \$20,000! These funds will help ensure that the IRIS services continue and no one has to go through the loss of a child alone. We could not have done this without you!

★ Mark your calendars for the 3rd Annual IRIS Turkey Trot – which will take place on Thanksgiving morning ~ November 24, 2011. See you there!



★ REMEMBER . . . If you were unable to attend the Turkey Trot we would like to remind you that your Trot goodie bag and Chocolate colored Turkey Trot Shirt are at the IRIS office. Please stop by and pick it up ASAP.

★ NOTE . . . A limited number of Turkey Trot Shirts are available for sale. Please stop in or call the office for available sizes.

Pepsi Refresh Grant

As many of you know IRIS applied for a \$250,000 Pepsi Refresh Grant for the purpose of "Training IRIS Advocates across the USA" and providing them with all of the supplies that would be needed including clothing sets. After three



rounds of voting, IRIS was out of the running for the grant. The good news is that Pepsi has invited IRIS to apply again in March. This time we would like to take a different approach to obtain our goal of A <u>National</u> Advocate Training Program.

We are asking you, your family and friends for help!

Please consider joining us for **ONE** meeting on

Tuesday January 18, 2011 6:30 pm At the IRIS Office

The purpose of this meeting is to:

- Share ideas on ways to get others involved in the voting process
- Compile a list of business, schools, etc. that would be or are willing take part in daily voting
- Brainstorm publicity idea's

If you would like to see the 2010 Refresh Grant Application please visit <u>www.refresheverything.com/iris</u> This application will be updated for 2011, but we would love to hear your ideas and suggestions. Please e-mail or call Diana or Amber (contact info below).

We estimate that with 150 newly trained IRIS Advocates, in one year, over 30,000 people would be helped by IRIS services. Your suggestions and ideas are needed to make this dream a reality! Please consider giving back a few hours of your time.

For more information contact Diana or Amber at the IRIS office (507) 334-4748 or e-mail iris@qwestoffice.net



IRIS Continues Efforts for Paperless Newsletters

In an effort to save approximately \$5,000 per year, IRIS is asking everyone who currently receives our

newsletter to provide us with an e-mail address. Being able to send you e-mail notes will eliminate the need for many of the smaller mailings that we are currently doing. This process <u>Will Not</u> completely eliminate the mailed newsletter but will allow for more complete notification and updates on events, meetings, etc. Please take a moment to send an e-mail to <u>iris@qwestoffice.net</u> Please include your e-mail address, Name changes and/or corrections ,and your current mailing address.

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Inside This Issue

- Poems
- Upcoming Events
- Refresh Grant
- Opportunity to give back

Pancake Breakfast



8am – 12 noon Sunday February 13th Faribault American Legion (112 NE 5th St.) Adult \$7.00 Ages 2-6 yr's \$3.00

Bake ** * * Sale

Bake Sale

Please drop off your Bake Sale items by Friday February 11th by 12 noon at the IRIS office or on

Sunday Morning by 8 am at the American Legion. Cookies, Cakes, Pies, Breads, Snacks, etc. are welcome!



Silent Auction

Items for the IRIS Silent Auction, including arts, crafts, gift certificates, products, services, &

gift baskets are currently being accepted for the IRIS Silent Auction! The Auction will be held from 8 am – 2 pm on February 13^{th} at the Legion! Please drop off items at the office by February 11^{th} at 12 noon.



1 – 3:30 pm