



# Infants Remembered In Silence, Inc.

*Whispers of the Heart Newsletter*

September 2010

101 Third Street NW, Faribault MN 55021

Phone: (507) 334-4748

Website: [www.irisRemembers.com](http://www.irisRemembers.com)

E-mail Address: [iris@qwestoffice.net](mailto:iris@qwestoffice.net)



## Help IRIS Win a \$250,000 Grant!

Infants Remembered In Silence, Inc. (IRIS) has applied for a **\$250,000 Pepsi Refresh Grant!** You, your family, friends, and co-workers can help by voting daily for IRIS. Log on to [www.refresheverything.com/IRIS](http://www.refresheverything.com/IRIS) register and vote, or by texting: 102517 to Pepsi (73774) or vote on Facebook. Sign up for daily reminders at [www.irisRemembers.com](http://www.irisRemembers.com).

If we win the grant, the \$250,000 will be used to train 150 new IRIS Advocates from across the United States. Training will be free of charge and will include room and board, testing and start up supplies, hands on training for support groups, picture taking, sculptures, hand and foot prints, bathing, diapering, clothing, etc. We estimate that 150 trained IRIS Advocates working with 10 bereaved mothers, in one year, 30,000 lives will be touched by IRIS. Please Help! Ask your friends and family to vote daily!



## Free IRIS Scrapbooking Event



Join with other IRIS parents for a day of scrapbooking!

**Saturday September 18<sup>th</sup>**  
**9 am – 9 pm**  
**Our Saviors Lutheran Church**

1207 Prairie Ave. SW  
Faribault MN

### What to Bring:

Your precious child's pictures  
Your scrapbooking supplies (if you have them)  
Your lunch / money for lunch  
Snack to share (if you can)  
IRIS will supply beverages

**Don't have the supplies?** IRIS has 12x12 scrapbooks, papers, stickers, and other scrapbooking supplies for you and they are free! We also have a Creative Memories consultant, Amber Warnemunde, who has offered to help you fix photos that may need a little fixing (compromised skin, tubes removed, etc.).

If you didn't RSVP that's ok, we would still love to have you join us for the whole day or part of it! You are also welcome to come and share you books or get ideas!



## Annual IRIS Potluck and Balloon Release

**Sunday October 3<sup>rd</sup>**

**Kinder Park**

(Corner of 17<sup>th</sup> St. and 24<sup>th</sup> Ave. NW Faribault MN)

### Potluck at 12 noon

IRIS will provide plates, silverware, & drinking water  
Please bring whatever you would like!

### Balloon Release at 2 pm

- You provide your own balloons, as many as you would like (no Mylar please)
- If you would like, you can place a tag on the balloon at home or IRIS will have tags available at the park.
- 100's of tags from the IRIS Balloon Release have been found as far away as Washington DC

**Please see page 2 for Balloon release Suggestions!**

## Balloon Release Suggestions

**Blow up your own balloons:** Purchase a small tank at Wal-Mart, Target, etc. Consider placing a hand written note to your child, flower seeds, etc. inside the balloon. (Sharp corners will pop the balloons.)

**Purchasing your balloons:** Call several days ahead and order your balloon. Tell them that they are for a balloon release and do not need to be weighted. Balloons can be ordered at most grocery stores, flower shops, and party shops. Call the office if you need help with this.

**Do NOT Release Mylar** (foil) Balloons, they are not degradable and are not usually the ones found. Latex balloons are degradable.

**Place a tag on each balloon:** On a computer, create a special 3 1/2" x 2" tag (business card size). Print the tag on plain computer paper; include your child's name, dates, message, and a way for the person who finds it to contact you. For safety reasons and convenience, please include the IRIS info. We have had calls from people who have found a balloon several years after it's been released and they could not read the child's name but could read the IRIS info.

	<p>This balloon was released on October 3, 2010 in loving memory of</p> <p><b>Your Child's Name</b> <b>Date of Birth / Death</b></p> <p>If found please contact: Infants Remembered In Silence, Inc. 101 NW Third Street Faribault, MN 55021 (507) 334-4748 <a href="http://www.irisRemembers.com">www.irisRemembers.com</a></p>
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**Cover each tag with clear contact paper** before tying to balloon string. It also a good idea to reinforce the hole for the ribbon with a eyelet reinforcement label (the type that is used on notebook paper), or tape.

**IRIS will have tags and contact paper at the balloon release if you need them.**

**Bring your balloons in a large bag.** Have the strings and tags inside so the wind will not tangle them. (Clear bags look nice filled with balloons)

**Leave balloons in your car;** be sure to crack your windows so the balloons don't pop.

If you have questions please contact the IRIS office (507) 334-4748 or [iris@qwestoffice.net](mailto:iris@qwestoffice.net)



## IRIS Turkey Trot THANKSGIVING MORNING November 25, 2010

- Who:** Everyone is invited including IRIS Supporters, Parents, Families, Friends, even your 4 legged friends!
- What:** 2<sup>nd</sup> Annual IRIS Turkey Trot  
5K Chipped Timed Run, 5K Walk, and Kids Fun Run
- When:** Thanksgiving Morning – November 25<sup>th</sup>
- Where:** Faribault Middle School  
704 17<sup>th</sup> St. SW, Faribault MN
- Time:** Faribault Middle School Gymnasium  
7:30 a.m. Check-in and Registration  
8:00 a.m. Kids Fun Run  
8:30 a.m. 5K Timed Run and Walk
- Fees:** 5K Run or Walk by November 12 - \$20  
After November 12 - \$25
- Kids Fun Run by November 12 - \$12  
After November 12 - \$15

Online registration with PayPal payment at:  
[www.irisRemembers.com](http://www.irisRemembers.com)

Create a Team Page on the IRIS website! You can tell your story, upload pictures, and collect donations!

All Runners/Walkers are guaranteed a Turkey Trot T-shirt if registered by Friday, November 12<sup>th</sup>. Entrants registered after Nov. 12<sup>th</sup> will NOT be guaranteed a shirt, please sign up early to guarantee your t-shirt!

This year the start and finish will be at the Faribault Middle School. The NEW Route will be posted on the IRIS website. The Turkey Trot will be held regardless of the weather. Entry fees are non-refundable.

Contact Deanna at the IRIS office 507-334-4748 or E-mail [trot@irisremembers.com](mailto:trot@irisremembers.com) for more info.

## 2010 Memorial Wrought Iron Stained Glass Garden Stake



IRIS is currently taking orders for our 2010 Holiday Memorial. This year's memorial is a beautiful wrought iron and engraved stained glass garden stake. The Garden Stakes stands 22" height (Plus 3" below ground). The center bevel is laser etched with your choice of up to 5 lines of text, symbol, etc. These customs made Garden Steaks make breathtaking memorials, excellent gifts, and are available in wispy pink, blue, or white stained glass. Cost is \$30.00 each (plus \$15 shipping for each stake, if you are not picking up at IRIS Holiday Service of Remembrance or the IRIS office.)

Please order early due to limited availability and custom work required. Stakes ordered by November 20, 2010 will be available for pick up at the December 5, 2010 Holiday Service or in the IRIS in the days following the Service.

Order Online at: [www.irisRemembers.com](http://www.irisRemembers.com) or mail form & fee to IRIS, 101 NW 3<sup>rd</sup> St., Faribault MN 55021

### 1<sup>st</sup> Stained Glass Garden Stake:

Blue

Pink

White

You may choose your own symbol at the top. (Heart, Tiara, Truck, Dragonfly, Rocking Horse, etc) this can be anything you like. Please provide 2 options. Choosing this option will use two (2) lines of text.

Symbol: Option #1 \_\_\_\_\_ Option #2 \_\_\_\_\_

Line 1: \_\_\_\_\_  
10 letters/spaces – No lettering if you have etched symbol listed above

Line 2: \_\_\_\_\_  
10 letters/spaces – No lettering if you have etched symbol listed above

Line 3: \_\_\_\_\_  
20 letters/spaces

Line 4: \_\_\_\_\_  
10 letters/spaces

Line 5: \_\_\_\_\_  
10 letters/spaces

**Over**

**2<sup>nd</sup> Stained Glass Garden Stake:** Blue Pink White

You may choose your own symbol at the top. (Heart, Tiara, Truck, Dragonfly, Rocking Horse, etc) this can be anything you like. Please provide 2 options. Choosing this option will use two (2) lines of text.

Symbol: Option #1 \_\_\_\_\_ Option #2 \_\_\_\_\_

Line 1: \_\_\_\_\_

10 letters/spaces – No lettering if you have etched symbol listed above

Line 2: \_\_\_\_\_

10 letters/spaces – No lettering if you have etched symbol listed above

Line 3: \_\_\_\_\_

20 letters/spaces

Line 4: \_\_\_\_\_

10 letters/spaces

Line 5: \_\_\_\_\_

10 letters/spaces

**3<sup>rd</sup> Stained Glass Garden Stake:** Blue Pink White

You may choose your own symbol at the top. (Heart, Tiara, Truck, Dragonfly, Rocking Horse, etc) this can be anything you like. Please provide 2 options. Choosing this option will use two (2) lines of text.

Symbol: Option #1 \_\_\_\_\_ Option #2 \_\_\_\_\_

Line 1: \_\_\_\_\_

10 letters/spaces – No lettering if you have etched symbol listed above

Line 2: \_\_\_\_\_

10 letters/spaces – No lettering if you have etched symbol listed above

Line 3: \_\_\_\_\_

20 letters/spaces

Line 4: \_\_\_\_\_

10 letters/spaces

Line 5: \_\_\_\_\_

10 letters/spaces

	<b>Item</b>	<b>#</b>	<b>Sales Tax included in Price</b>	<b>Total</b>
1	<b>Pink</b> Stained Glass Stake		\$30.00	
2	<b>Blue</b> Stained Glass Stake		\$30.00	
3	<b>White</b> Stained Glass Stake		\$30.00	
			Subtotal	
			Shipping <b>PER</b> stake \$15.00	
			<b>Total Due</b>	

# IRIS Calendar of Events



- 8 Midday Support Group 11am – 1pm
- 18 IRIS Scrapbooking Event 9am -9pm  
Our Saviors Lutheran Church
- 28 Evening Support Group 7- 8: 30pm



- 3 Potluck and Balloon Release at Kinder Park. Potluck is at 12 noon with Balloon Release at 2 pm.
- 13 Midday Support Group 11am – 1pm
- 26 Evening Support Group 7 – 8:30pm



- 10 Midday Support Group 11 – 1 pm
- 12 Registration deadline to guarantee t-shirt for Turkey Trot
- 19 Closing date for IRIS Holiday Service
- 23 Evening Support Group 7 – 8:30pm
- 25 2<sup>nd</sup> Annual Turkey Trot at the Faribault Middle School. Check-in & Registration starting at 7:30am



- 5 IRIS Holiday Service of Remembrance, Chapel of the Good Shepherd, 1000 Shumway Ave. Faribault, MN  
Keepsake window display set up – noon  
2 pm Service Begins
- 8 Midday Support Group 11 – 1 pm
- 12 Worldwide Candle Light – Children's Memorial Day – 7pm in your time zone
- 28 No Evening Support Group



## From Diana's Desk

As I sit here on this very rainy day it's hard for me to believe that this newsletter contains so much information on events that seem so far away! In the previous pages you have been reminded about the IRIS Potluck and Annual Balloon Release that will be held on Sunday Oct. 3<sup>rd</sup> at Kinder Park in Faribault. This event impresses me every year. It leaves me speechless and often tearful in the weeks to come as we receive phone calls, notes, and e-mails from those who have found the balloons and/or tags and hear their stories.

You have also read more about the IRIS 5K Turkey Trot and found a registration form. Thanksgiving seems so far away but Deanna and her committee have been working on this event since June! The Turkey Trot will show all of the hours of preparation as you see all of the improvements and additions.

In the following pages you are going to see information about the 2010 Holiday Service of Remembrance. We agree, it seems so far away, but it is only 10 days after the Turkey Trot! This year, because of the labor involved in making each hand crafted IRIS Memorial Wrought Iron Stained Glass Garden Stakes and the limited number that will be available we have decided to provide you with the opportunity to place your orders early. The picture on the enclosed order form does not do this item justice! I would like to suggest that you visit the website [www.irisRemembers.com](http://www.irisRemembers.com) and see its true beauty! By the time you receive this newsletter you should also be able to order this item online.

Remember, we at IRIS are striving for paperless newsletters. So please make sure that we have your current e-mail address and that you frequently visit the IRIS website so that you are informed and up to date on events.

Diana Sundwall ~ Founder and Executive Director